

# Paper Mache Paste

## Ingredients

- White flour
  - Use a 1:5 ratio (Example: 1 cup of flour to 5 cups of water)
- Water
- Salt (adding salt prevents mould from growing in the your creations)

## Instructions



1. Mix the flour and water in a pot on the stove, whisk to get rid of lumps.
2. Keep whisking or stirring and bring to a boil



3. Boil for about 3 minutes
  - a. Keep stirring as it boils
  - b. It should be thick like gravy & coat a spoon
4. Pour the liquid into another heat-proof bowl. Clean your pot our immediately, or at least soak the pot but don't leave it to dry (picture dried glue mess)



5. Stir it occasionally as it cools to help prevent a film. Or, or cover with saran wrap and press onto the top of the mixture (careful, it's hot!)
6. If there are some lumps, don't worry too much, just stir or whisk vigorously. The lumps get squeezed out as you apply strips.



1. To save leftover paste, cover with plastic wrap: some touching the entire surface and another on the top of the bowl
2. Refrigerate and allow to come to room temperature the next day (or heat it a little)