

# Curling Rules for Kids

Two teams of four players take turns sliding stones on a sheet of ice toward the "house"  
This version does not involve sliding on the ice with your feet or sweeping with brooms

## The Handshake

Time for a nod to traditional good game manners! Each person shakes the hand of each member of the opposing team.

## The Coin Toss

The leads (team leaders) from both teams toss a coin. One person does the coin tossing, the other calls heads or tails when the coin is in the air. If the team lead who called heads or tails is right, their team goes first. If they were wrong, the other team goes first.

The winning team gets to decide:

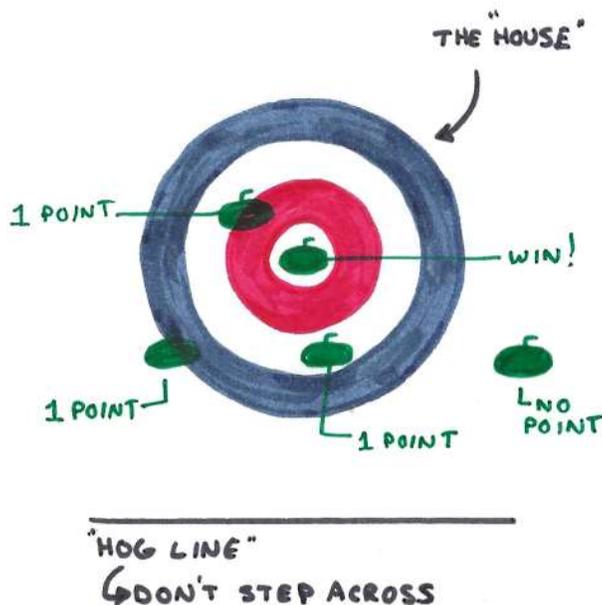
1. Which team gets to go first
2. What color of stone their team will be

## How to Play

The goal is for each team to get their ice stones as close to the center of the "house" as possible

Each team takes turns throwing (that means sliding the ice stones on the ice) five stones in total. One team throws one stone, then the other team throws one stone until all the stones are thrown.

Just like in bowling, don't step across the "hog line" when throwing your stones.



You can 'knock' the other team's stones out of the way so they lose points!

At the end of everyone throwing all their stones, you count points

A tournament is 8 games (or "ends") so whichever team wins the most games of the eight wins the tournament.

## Point Counting

*Option 1:* The team with the stone closest to the center of the "house" or bullseye wins each round (or "end.") The team with the most wins after 8 rounds wins the tournament.

*Option 2:* you get one point per stone if the stone is touching the "house." Whichever team gets the most

points wins each round (or "end.") The team with the most points after 8 games win the tournament.

*Option 3:* Make up your own rules (kid teamwork fun!) More points for stones closer than farther... use your imagination! We would make up our own rules and name the games!